

#### **S**elamat Datang ~ Welcome

...in the Selang Resort in the **Panorama Restaurant** where you can take your breakfast, brunch, lunch, snack, diner or just sip a drink while enjoying the wonderful sea view. On your right hand you can see Rinjani Volcano on Lombok island and Gili Trawangan island, on your left hand you can see the coast of Amed (Lean and Lipah Beaches) and Tulamben area with backdrop of the Batur Caldera. From the **Roof-top** you can see the top of holy Agung Volcano. Every morning you have chance to watch hundreds of traditional sail outrigger "jukung" boats returning from ther fishing.

When you look on the sea from above you can easily see the rich coral reefs, hunting tunas and baracudas, sea turtles coming up to take a breath and if you are lucky you can also see dolphins or whales passing. Ask our waitres or receptionist downstair about boat trips, rent of snorkeling gear and also a fun scuba dives with our **Deep Blue Dive Center**. With our PADI Instructor you can just to try do Discover Scuba Diving (DSD) or directly do a whole Open Water Dive Course (OWD).

The Selang Resort offers variety selection of **Rooms, Bungalows and Studios** for a couples or also for families (Triple Bed Rooms, Two Bedroom Bungalow, etc.). All that rooms have this same amazing sea view directly from the bed. Ask our staff about the available rooms and promo rates.

After your finish your experince in the restaurant you can take a swim in the **Infinity Pool** while drink some cocktail or just any other drink.

### **S**elamat Makan ~ Enjoy Your Food

OPEN EVERY DAY 7:00 – 21:00 (last order 20:30)



Vegetarian option available

Spicy

**♠** Recommended

#### SELANG RESORT & DEEP BLUE DIVE BALI

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# Non-Alcoholic Drinks

			6 6 6				
	SMALL WATER (60	00 ml)		6.000			
	LARGE WATER (1,	5 l)		12.000			
	COCA-COLA / DIE	T COKE / COKI	EZERO/FANTA/SPRITE/TONIC/SODA (250 ml)	12.000			
Juices & Shakes & Smoothjes							
	0 0	0 0	Lime • Pineapple • Papaya • Watermelon	20.000			
			• Banana • Mango • Avocado • Dragon Fruit	25.000			
		•	e fruits of your selection)	25.000			
		· ·	• Dragon Fruit • Strawberry • Vanilla • Chocolate	30.000			
<u> </u>			na • Orange • Mango • Dragon Fruit • Pineapple	35.000			
	YOUNG COCONU			25.000			
	TOUNG COCOING	1 (W Boil Golona		23.000			
	Tea	HOT / ICED	Coffee				
	BLACK TEA 10	0.000 / 12.000	BALI COFFEE	10.000			
	LEMON TEA 13	3.000 / 15.000	NESCAFÉ (Instant Coffee)	10.000			
	GINGER TEA 13	3.000 / 15.000	FRAPPÉ (Iced Nescafé with Milk)	20.000			
	+ EXTRA HONEY	3.000	👍 FRAPPÉ VANILLA (Frappé with Vanilla Ice Cream)	25.000			
	+ EXTRA LIME	3.000	+ EXTRA MILK	3.000			
			Alcoholic Drinks				
	<b>Beer</b> - BINTANG (	Pilsner Beer, First	Indonesian Brewery since 1929)				
	• RADLER	(330 ml) 30.000	• SMALL (330 ml) 30.000 • LARGE (620 ml)	45.000			
	– SINGARAJA	(Pilsner Beer)	• SMALL (330 ml) 27.000 • LARGE (620 ml)	37.000			
	177.						
	Wines - HATTEN V						
	By GLASS (150 ml):			60.000			
	By BOTTLE (750 ml)	): • RED • WH	ITE • ROSÉ • ALEXANDRIA (Medium-sweet White)	250.000			
	Spirits		Cocktails & Mixed Spirits				
	ARAK	20.000	ARAK MADU (Arak, Honey, Lime)	30.000			
	(Traditional Balinese S		ARAK ATTACK (Arak, Orange Juice)	30.000			
	from the Palm Wine)		ARAK & COKE (Arak, Coca-Cola, Lime)	35.000			
	WHISKEY	40.000	GIN & TONIC (with Lime)	50.000			
	GIN	40.000	RUM & COKE (with Lime)	50.000			
	VODKA	40.000	VODKA & ORANGE JUICE	50.000			
	RUM	40.000	PIÑA COLADA (Rum, Pineapple Juice, Coconut Milk)	60.000			
	All spitrits are from the Indonesian production.		BANANA COLADA (Rum, Banana Juice, Coconut Milk)	60.000			
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All prices are subject to 5% Service Tax and 10% Government Tax.

# Snacks

	1.	KERUPUK (Fresh Fried Indonesian Crackers with Shrimp Flavour)					
≟	2.	PEANUTS (Fried Fresh Indonesian	Peanuts with Am	ed Salt)	15.000		
	3.	CHIPS (Fried Fresh Potatoe Slices wi	th Amed Salt)		25.000		
	4.	ONION RINGS (Deep Fried Onion Rings in Flour, Tomato Ketchup)			25.000		
	5.	BAKWAN SAYUR (Deep Fried Vege	etable Tempura, S	Sweet & Sour Sauce)	30.000		
			Appetiz	cers			
	6.	GUACAMOLLE (Avocado, Onion, Tomato, Black Pepper, Toast Bread) 🕡			35.000		
₫	7.	SPRING ROLLS (Vegetable rolled in dough skin and deep fried, Sweet & Sour Sauce, 3 pieces) 🕡			45.000		
	8.	PINEAPPLE BOAT (Shrimps, Pinea	apple, Cocktail Sa	nuce)	55.000		
	9.	AVOCADO SEA FOOD (Avocado,	Squid, Shrimps, (	Cocktail Sauce)	60.000		
			<b>~</b> 4				
			Soup	DS .			
	10.	TOMATO SOUP (w. Toast Bread)	20.000	13. CREAM POTATOE SOUP	30.000		
₫	11.	GARLIC SOUP (with Noodles)	25.000	14. FISH SOUP	35.000		
	12.	NOODLE SOUP (with Cheese)	30.000	15. CHICKEN & VEGETABLE SOUP	35.000		
	Ind	ndonesian Soups					
	Ŭ	6. MIE SAYUR KUAH (Noodle Soup with Vegetable) 🕜					
	17.	SOTO AYAM (Rice Noodle Soup with	h Chicken, Vegeta	ble and Egg)	40.000		
₫	18.	. SOP IKAN BALI <i>(Fish Soup with Chilli)</i>					
			<b>~</b> 1 ;	•			
			Salad	S			
	19.	VEGETABLE SALAD (Tomato, Cu	cumber, Lettuce, (	Carrot, Cabbage, Onion, Dressing)	25.000		
	20.	TOMATO SALAD (Tomato, Shallo	t, Dressing)		25.000		
	21.	CUCUMBER SALAD (Cucumber, Sour Dressing)					
	22.	AVOCADO SALAD (Avocado, Tom	ıato, Cucumber, (	Onion, Dressing)	40.000		
₫	23.	TOFU SALAD (Stir Fried Tofu, Let	tuce, Tomato, Cuc	cumber, Onion, Dressing)	40.000		
	24.	TEMPE SALAD (Stir Fried Tempe,	Lettuce, Tomato,	Shallot, Bean Sprouts, Peanut Sauce)	45.000		
	25.	THAI STYLE CHICKEN SALAD (Chicken, Vegetable Salad, Chilli, Peanuts, Dressing) 🍠					
	26.	HAWAIIAN CHICKEN SALAD (	Chicken, Tomato,	Cucumber, Pineapple, Cocktail Sauce)	50.000		
₫	27.	CRISPY CHICKEN SALAD (Chic	ken Strips, Lettuce	e, Tomato, Cucumber, Onion, Cocktail Sauce,	60.000		
	28.	SEA FOOD SALAD (Shrimps, Cala	ımari, Rice Nood	les, Lettuce, Peanuts, Chilli, Lime) 🄰	65.000		
		All					

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#### Main Dishes

Main Dishes					
	Vegetarian 🕜				
	29. CAH SAYUR HIJAU (Stir Fried Green Spinach with Soya Sauce, Rice)	35.000			
	30. MIE GORENG SAYUR (Fried Noodles with Vegetable, Crackers)	35.000			
	31. BIHUN GORENG SAYUR (Fried Rice Noodles with Vegetable, Crackers)	35.000			
	32. NASI GORENG TAHU (Fried Rice with Tofu and Vegetable, Fried Egg, Crackers)	40.000			
4	33. URAPAN KACANG PANJANG (Stir Fried Long Beans, Bean Sprouts, Coconut, Rice)	45.000			
	34. RATATOUILE (Stir Fried Eggplant, Tomato, Onion and Herbs, Rice)	45.000			
	35. TOFU, TEMPE & TOMATO (Stir Fried Tofu, Tempe and Tomato, Rice)	45.000			
	36. TEMPE GORENG (Fried Tempe with Sweet Soya Sauce, Rice)	45.000			
	37. SATE TEMPE * (Grilled Tempe Skewers, Peanut Sauce, Rice)	45.000			
	38. SATE TAHU (Grilled Tofu Skewers, Peanut Sauce, Rice)	45.000			
4	39. VEGETABLE CURRY (Boiled Vegetable, Tofu & Tempe in Coconut Milk with Curry Spice, Rice)	45.000			
	40. GADO-GADO (Boiled Vegetable & Egg, Fried Tofu and Tempe, Peanut Sauce, Kerupuk, Rice)	55.000			
	Chicken				
	41. AYAM KECAP (Stir Fried Chicken Chops with Sweet Soya Sauce and Vegetable, Rice)	65.000			
	42. GARLIC CHICKEN (Stir Fried Chicken Chops with Garlic and Onion, Rice)	70.000			
4	43. GINGER CHICKEN (Stir Fried Chicken Chops with Spring Onion and Ginger, Rice)	70.000			
	44. PINEAPPLE CHICKEN (Stir Fried Chicken Chops with Pineapple and Sweet & Sour Sauce, Rice)	75.000			
	45. GRILLED CHICKEN (Grilled Chicken with Tomato Onion Sauce, Rice)	75.000			
	46. CHICKEN STEAK (Chicken Steak with Steak Sauce, Stir Fried Vegetable, French Fries)	80.000			
	47. CHICKEN CORDON BLEU (Deep Fried Chicken Fillet w. Ham & Cheese, Mayo., French Fries)	85.000			
	Pork				
	48. BABI KECAP (Stir Fried Pork with Sweet Soya Sauce and Vegetable, Rice)	75.000			

80.000

85.000

49. GINGER PORK (Stir Fried Pork Chops with Ginger and Onion, Rice)

6 50. PORK CHILLI (Stir Fried Pork with Chilli and Bell Pepper, Rice)

 <sup>51.</sup> PORK STEAK (Pork Steak with Steak Sauce and Stir Fried Vegetable, French Fries)
 85.000
 52. PORK CORDON BLEU (Deep Fried Pork Fillet with Ham & Cheese, Mayonnaise French Fries)
 95.000

<sup>\*</sup> TEMPE is a traditional Indonesian food made from fermented soybeans. It is made by a natural culturing by fungus Rhizopus oligosporus and controlled fermentation process that binds soybeans into a cake form.

	Beef						
	53.	BEEF CHILLI (Stir Fried Beef Chops, Chilli, Bell Peppers, Rice)	80.000				
	54.	BEEF & LONG BEANS (Stir Fried Beef Chops with Long Beans and Garlic, Rice)					
	55.	. BEEF STEAK (Beef Steak with Steak Sauce, Stir Fried Vegetable, French Fries)					
₫	56.	BLACK PEPPER STEAK (Beef Steak with Black Pepper Sauce, Stir Fried Vegetable, French Fries)	95.000				
	57.	RED WINE STEAK (Beef Steak with Red Wine Sauce, Stir Fried Vegetable, Mashed Potatoes)	100.000				
	Fis	$h_{\!\scriptscriptstyle 0}$					
<u></u>	58.	GRILLED FISH of the Day: Tuna / Baracuda / Mahi-mahi / Mackerel (Vegetable, Lime, Rice)  - Choose your Sauce:  • Spicy Sambal  • Herbal & Garlic  • Tomato & Onion  - Choose your Vegetable:  • Fresh Vegetable Salad  • Stir Fried Vegetable	75.000				
	59.	FISH & CHIPS (Deep Fried Breaded Fish Fillet, French Fries, Tartar Sauce, Lime)	85.000				
₫	60.	ANG SIO HIE (Deep Fried Fish Chops with Pineapple and Sweet & Sour Sauce, Rice)	70.000				
	61.	SNAPPER (Grilled Whole Fish. Please, order 1 day before. Min. weight 400g) 50.00	0 / 100g				
	Sec	ı Food					
	62.	SQUID CHILLI (Stir Fried Squid Chops, Bell Peppers, Chilli, Rice)	85.000				
₫	63.	GRILLED SQUID (Grilled Squid Chops with Garlic, Vegetable Salad, Rice)	85.000				
	64.	SWEET & SOUR SQUID (Stir Fried Squid with Vegetable in Sweet & Sour Sauce, Rice)	80.000				
	65.	CALAMARI RINGS (Deep Fried Calamari with Tartar Sauce, Vegetable Salad, French Fries)	90.000				
₫	66.	CRISPY SHRIMPS (Fried Floured Shrimps with Sweet & Sour Sauce and Pineapple, Rice)	85.000				
	67.	SHRIMP SATE (Grilled Shrimp Skewers with Sweet & Sour Sauce, Rice)	85.000				
	68.	PAN FRIED PRAWNS (Stir Fried Prawns, Lime, Chilli, Rice)	90.000				
₫	69.	GRILLED PRAWNS (with Garlic Herbal Sauce, Vegetable Salad, Rice)	95.000				
	70.	GRILLED LOBSTER (with Garlic Herbal Sauce, Veg. Salad, Rice) Order one day before. 70.00	0 / 100g				
		Balinese Cuisine					
	71.	URAPAN AYAM (Stir Fried Long Beans with Minced Chicken, Coconut and Chilli, Rice)	55.000				
	72.	NASI GORENG BALI (Fried Rice with Chicken, Vegetable, Chilli, Fried Egg, Satay, Crackers) 🌶	55.000				
	73.	AYAM GORENG BALI (Fried Chicken, Chilli, Rice)	75.000				
७	74.	SATE LILIT IKAN (Grilled Minced Fish with Coconut Skewers, Balinese Vegetable Salad, Rice)	75.000				
	75.	PEPES IKAN (Grilled Fish in Banana Leaf, Chilli, Balinese Vegetable Salad, Rice) 🌶	75.000				

### Indonesian Cuisine

	76.	MIE GORENG (Fried Noodles with Chicken and Vegetable, Crackers) 🕜				
	77.	MIE GORENG SEAFOOD (Fried Noodles with Shrimps, Squid and Vegetable, Crackers)				
	78.	BIHUN GORENG (Fried Rice Noodles with Chicken and Vegetable, Crackers)				
	79.	BIHUN GORENG SEAFOOD (Fried Rice Noodles with Sea Food and Vegetable, Crackers)	35.000			
	80.	NASI GORENG (Fried Rice with Chicken, Vegetable, Fried Egg, Crackers)	35.000			
₫	81.	NASI GORENG SPECIAL (Fried Rice with Chicken and Vegetable, Satay, Fried Egg, Crackers)	50.000			
	82.	NASI GORENG SEAFOOD (Fried Rice with Shrimps, Squid, Fish, Fried Egg, Crackers)	50.000			
	83.	NASI CAMPUR (Rice, Grilled Fish, Chicken Sate, Vegetable, Tofu, Tempe, Fried Egg, Peanuts, Crackers, Sambal)	70.000			
₫	84.	KARI / CURRY (Boiled Vegetable and Meat in Coconut Milk with Curry Spice, Rice) Chicken 50.000 • Fish 55.000 • Pork 60.000 • Beef 65.000 • Shrimp	65.000			
	85.	CAP CAY (Stir Fried Vegetable with Meat in Thick Gravy, Rice) (*)  • Chicken 50.000 • Fish 55.000 • Pork 60.000 • Beef 65.000 • Shrimp				
₫	86.	SATE / SATAY (Grilled Skewers, Peanut Sauce, Rice) (*)  • Chicken 60.000 • Fish 65.000 • Pork 70.000 • Beef 75.000				

### Italian Cuisine

45.000

87. SPAGHETTI AGLIO E OLIO (Garlic, Chilli, Olive Oil, Parmasan Cheese) 🌶 🥡

Spaghetti
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88. SPAGHETTI POMODORO (Tomato, Basil, Olive Oil, Parmasan Cheese) 🕡	45.000
89. SPAGHETTI CARBONARA (Bacon, Cream, Egg, Parmasan Cheese)	55.000
90. SPAGHETTI BOLOGNESE (Beef, Tomato Onion Sauce, Parmesan Cheese)	65.000
91. SPAGHETTI FRUTI DI MARE (Shrimps, Squid, Garlic, Olive Oil, Parmesan Cheese)	65.000
Pizza	
92. PIZZA MARGHERITA (Tomato Sauce, Mozzarella Cheese, Basil) 🕡	55.000
93. PIZZA VEGETARIANA (Tomato Sauce, Basil, Mozzarella Cheese, Vegetable) 💗	60.000
94. PIZZA PROSCIUTTO COTTO (Tomato Sauce, Basil, Mozzarella Cheese, Ham)	70.000
95. PIZZA HAWAI (Tomato Sauce, Basil, Mozzarella Cheese, Ham, Pineapple)	70.000
96. PIZZA PICCANTE (Tomato Sauce, Basil, Mozzarella Cheese, Bacon, Chilli) 🌶	70.000
97. PIZZA POLLO (Tomato Sauce, Basil, Mozzarella Cheese, Chicken, Spinach)	70.000
98. PIZZA BOLOGNESE (Tomato Sauce, Basil, Mozzarella Cheese, Beef, Onion)	80.000
99. PIZZA FRUTI DI MARE (Tomato Sauce, Basil, Mozzarella Cheese, Shrimps, Squid)	80.000

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## Czech Cuisine

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	100.	BRAMBORAČKA ~ CZECH	I POTATOE SOU	P (with Marjoram Herbs) 🕜	25.000			
	101.	SMAŽENKA ~ EGGY BREAI	O (Fried Bread in	Egg, Ham, Cheese, Onion and Tomato)	45.000			
₫	102.	BRAMBORÁK ~ CZECH PC	OTATOE PANCA	KE (with Marjoram Herbs, 2 pieces) 🚺	45.000			
₫	103.	ŘÍZEK ~ CHICKEN SCHNI	ΓΖΕL (Deep Frie	l Chicken Fillet, Mashed Potatoes, Lime)	75.000			
	104.	ŘÍZEK ~ PORK SCHNITZEI	L (Deep Fried Por	k Fillet, Mashed Potatoes, Lime)	80.000			
₫	105.	SMAŽÁK ~ FRIED CHEESE	(Deep Fried Edar	n Cheese, Tartar Sauce, Mashed Potatoes	85.000			
			<b>.</b>	- 00				
		è	<b>S</b> andwiche	s & Jaffles				
	106.	EGG SANDWICH (Fried Egg	g, Lettuce, Tomato,	Mayonnaise) 🌃	25.000			
	107.	BLT SANDWICH (Bacon, Le	ttuce, Tomato, Ma	yonnaise)	30.000			
₫	108.	CLUB SANDWICH (Chicken	n, Ham, Bacon, Fr	ed Egg, Lettuce, Tomato, Mayonnaise)	45.000			
	109.	HAM JAFFLE (Closed Toasted	d Sandwich with H	am and Cheese)	30.000			
	110.	AVOCADO JAFFLE (Closed	Toasted Sandwich	vith Avocado, Cheese and Tomato) 🕡	30.000			
		Omelets & Eggs						
	111.	EGGS & BACON (Any Style of 2 Eggs: • Poached • Scrambled • Boiled • Fried • Omelette with Fried Bacon and Toasted Bread)						
	112.	VEGETABLE OMELETTE (Tomato, Onion, Carrot, Cabbage, Toast Toast) 🕡						
	113.	HAM & CHEESE OMELETTE (Ham, Cheese, Tomato, Onion, Toast Bread)			40.000			
	+	EXTRA EGG (All egg meals above are from 2 eggs)			5.000			
	Side	<b>&amp;</b>						
	114.	TOAST BREAD	7.000	120. BOILED POTATOES	20.000			
	115.	STEAM RICE	7.000	121. MASHED POTATOES	25.000			
	116.	GARLIC RICE	15.000	122. POTATO WEDGES	25.000			
	117.	FRIED RICE	20.000	123. POTATO SALAD (w. M.	<i>(ayo)</i> 30.000			
	118.	FRIED NOODLES	20.000	124. GRILLED VEGETABLE	E 25.000			
	119.	FRENCH FRIES 20.000 125. URAPAN (Bali Vegetable Salad)						
	Sauces							
	126.	MUSTARD	7.000	129. SAMBAL (Bali Chilli S	Tauce) 10.000			
	127.	COCKTAIL SAUCE	7.000	130. TARTAR SAUCE	10.000			
	128.	SWEET & SOUR SAUCE	7.000	131. TOMATO ONION SAU	JCE 10.000			

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#### Desserts

	132.	FRUIT SALAD (Mix of Fresh Seasonal Fruit)	20.000
	133.	FRUIT YOGHURT (Mix of Fresh Seasonal Fruit with White Yoghurt and Honey)	30.000
	134.	NANAS GORENG (Pineapple Fritters with Honey)	20.000
₫	135.	PISANG GORENG (Banana Fritters with • Honey or • Chocolate Topping)	20.000
	136.	BANANA JAFFLE (Closed Toasted Sandwich with with Banana and Chocolate)	20.000
	lce (	Cream	
	137.	ICE CREAM (One Scoop) • VANILLA • CHOCOLATE • STRAWBERRY	10.000
	138.	ICE CREAM CUP (Fresh Fruit with Three Scoops of Ice Cream and Topping)	40.000
	139.	BANANA SPLIT (Banana in Half with Three Scoops of Ice Cream and Topping)	40.000
₫	140.	BANANA CARAMEL (Sautéed Banana with Palm Sugar, Coconut Milk, Ice Cream)	30.000
	141.	BANANA FLAMBÉ (Flambéed Banana on Rum and Palm Sugar, Ice Cream)	40.000
	Pan	çakes	
	142.	HONEY PANCAKE (Plain Pancacke with Honey)	15.000
	143.	STRAWBERRY PANCAKE (Pancake with Strawberry Jam and Strawberry Topping)	20.000
	144.	CHOCOLATE PANCAKE (Pancake with Chocolate Spread and Chocolate Topping)	20.000
₫	145.	BANANA PANCAKE (Pancake with Banana and Chocolate Topping)	25.000
	146.	PINEAPPLE PANCAKE (Pancake with Pineapple and Honey)	25.000
	147.	FRUIT PANCAKE (Pancake with Fresh Fruit, Straberry Jam and Strawberry Toping)	30.000

TIP: Add extra scoop of an Ice Cream of Your Choice.

#### Special Order

#### For 2 Persons

148.	AYAM BETUTU	(Special Balinese Steamed and	Grilled Chicken, St	ir Fried Vegetable, Rice)	280.000

149. BEBEK BETUTU (Special Balinese Steamed and Grilled Duck, Stir Fried Vegetable, Rice) 320.000

#### For Buffet (price per person)

150. BABI GULING (Traditional Balinese Suckling Whole Pig)
 Price on request
 151. GRILLED BIG FISH (Grilled Whole Big Fish, minimal 6 persons)
 120.000

All Buffes come with Stir Fried Vegetable, Fresh Vegetable Salad, Fresh Fruit Salad, Rice and French Fries.

Please, order one day before!